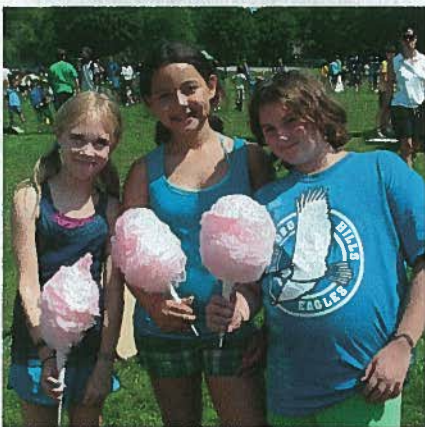
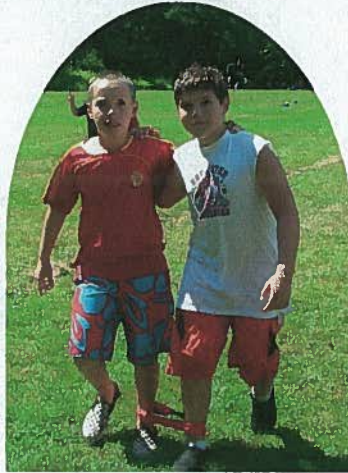


Bedford Hills Day Camp



Parent Handbook



Important Names, Numbers, Dates, and Locations

Bedford Hills Day Camp.....830-2946
Recreation Hotline864-3777

Jen Stroud Director
 Jeff Graniero Assistant Director
 Lauren Brois Arts and Crafts Specialist
 Joe Valvano Athletics Specialist
 Kristin Kosits Pool Director in charge of Lessons
 Kim O'Brien Sr. Recreation Leader -Day Camp Coordinator (666-7004)

Location:

- Bedford Hills Memorial Park
- Rainy Day -Bedford Hills Elementary School



Camp Times:

- Arrival: **9:00-9:15**
- Dismissal: **2:45-3:00**
- **Dismissal to the Pool is only allowed for campers age 10 and over. Any camper under the age of 10 must be escorted to the pool by person's age 14 and older.**

Camp Sessions Options:

- **Full Session:** Tuesday, June 28th - Friday, August 5th
- **Session I:** Tuesday, June 28th - Monday, July 18th
- **Session II:** Tuesday, July 19th - Friday, August 5th
 **** No camp Monday, July 4th**
 →**All Permission Slips for Camp Trips will be due Thursday June 30th**

Group Assignments:

Grouping is done by grade entering in the fall and by gender. The grouping is as follows:

- 1 Girls/BoysEntering 1st Grade
- 2 Girls/Boys.....Entering 2nd Grade
- 3 Girls/BoysEntering 3rd Grade
- 4 Girls/BoysEntering 4th Grade
- 5 Girls/Boys.....Entering 5th, 6th and 7th Grades

***** There are times that we may split groups due to size*****

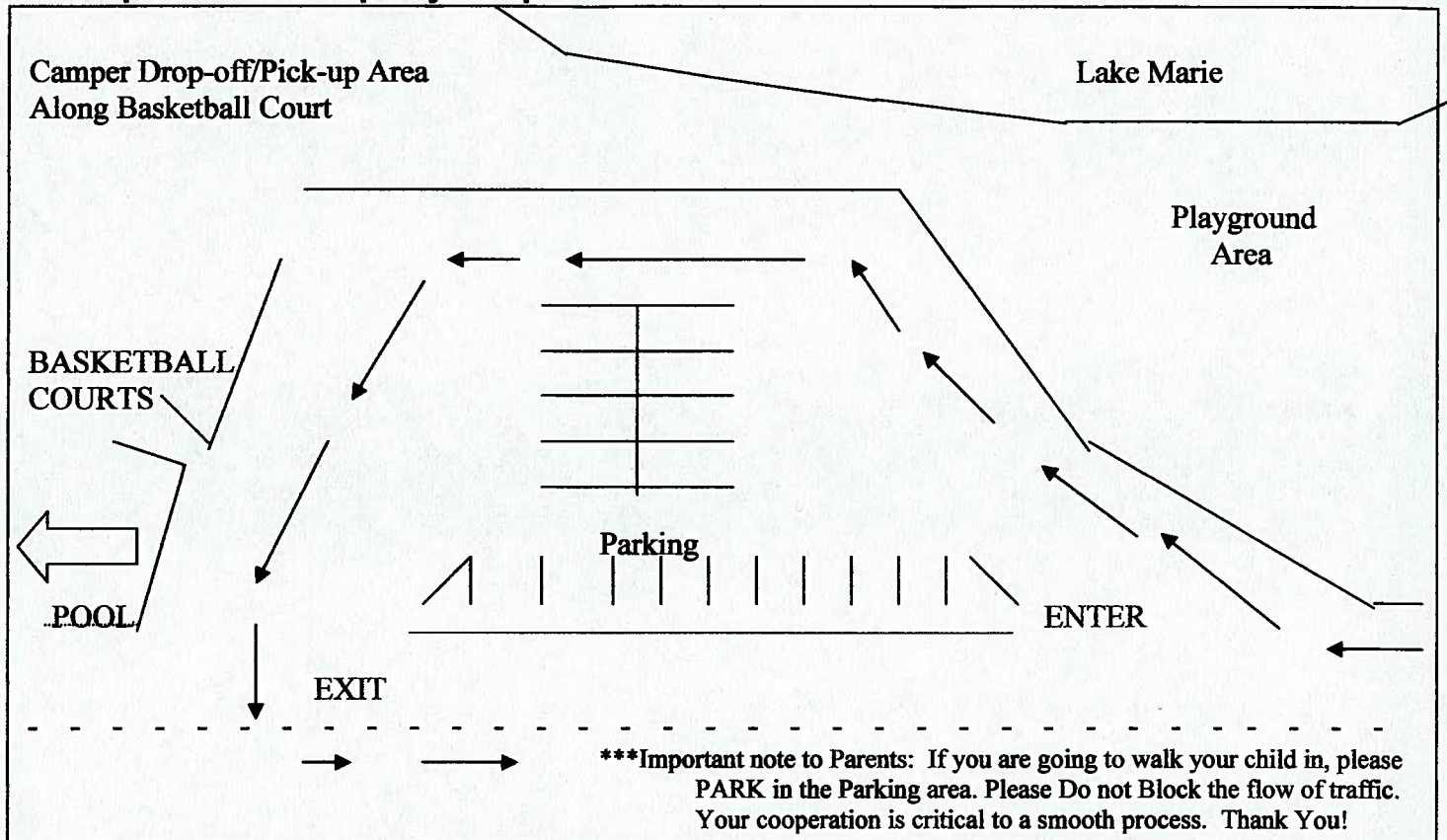
Staff

Westchester County Department of Health requires day camps to maintain a counselor/camper ratio of 1:12. Most of our camp directors are certified teachers and well qualified. All Staff must attend pre-camp orientation training. Our specialists and directors are all trained in Responding to Emergencies and CPR for the Professional Rescuer.

Staff Identification

- White Shirts- Directors, Assistant Directors, and Specialists- Ages 20 and older
- Gray Shirts- Senior Counselors- Ages 16 and older
- Blue Shirts- Junior Counselors -Ages 15 -17
- Green Shirts- Counselors in Training- Ages 14-15

Drop off and Pick up Day Camp:



Permit

The Town of Bedford Day Camp Program:

1. Must have a permit from the Westchester Department of Health in order to operate.
2. Is required to be inspected twice yearly.
3. Required camp safety plans, medical and fire safety plans and inspection reports are on file at the Westchester County Department, Bureau of Public Health Protection, North Bedford Rd. Mt. Kisco, NY, and are available for your review.

Daily Routines:

Morning-9:00-12:00

We start the day with a 15 minute camper arrival and announcement period. The rest of the morning will consist of five 30-minute periods. During that time groups will be lead through various activities, which include swimming lessons, Arts and Crafts, Athletics, Science and many other counselor run activities. For the younger campers there may also be a short snack time.

Lunch- 12:00-12:35 –

Campers have the option to buy lunch from our lunch concessioner or bring.

Afternoon- 12:35-2:40

The afternoon consists of five 25-minute periods, where the campers will take part in several different activities. This may include free swim, big camp games, interest groups, special entertainers, and counselor run activities.

Pick-up- 2:45-300

**Parents are asked to please be prompt in picking up their campers.



Swimming

All campers will participate in swimming lessons using American Red Cross guidelines. The campers will be tested the first week of camp to determine their level of competency. They will then be placed into groups according to their abilities. In addition to lessons, we try to offer free swim in the afternoons.

As required by the Westchester County Department of Health, non-swimmers/beginner swimmers must wear identification (i.e. colored wristbands) in both swim lessons and free swim. We require that all campers wear wristbands. In addition, a Buddy System with Buddy Checks accruing every 15 minutes is also required when the campers are in the pool.



Swim Attire/Gear

Campers should wear their bathing suits under their clothing, and bring their change of clothes in their bags/knapsacks to change into after their swim time. This will alleviate the need for two complete changes, which is extremely helpful particularly with our younger campers. The following items are necessary for swim time: Bathing suit, towels, hair ties (campers with long hair). The following items are optional: goggles, bathing cap, brush/comb, earplugs, and sunscreen. *****All towels, clothes, bags, should be clearly labeled with your child's name to prevent their valuables from ending up in lost and found.*****

Activities

Each camp day offers a variety of both active and passive activities. In addition to swim lessons, our athletics specialist conducts a sports program teaching sports skills and games, while our arts and crafts specialist engages the campers in creative art projects. Counselors conduct various games and activities throughout the day.

Special Programs

During the camp session in addition to the daily activities there will be numerous special events. These would include special theme days, trips, shows by professional entertainers, etc. The recreation and parks staff plan some of the activities, while our camp staff plans others.

Camp Trips

Our day camp takes three trips per age group. The trips are an additional fee and parents must sign up by deadline date in order for your child to attend the trip. There are no refunds given for trips unless a medical reason/note is provided before the trip date. All campers who attend a trip must wear their camp shirt!! For the list of trips please read the page marked "TRIPS"

Lunch and Drinks

All campers should either bring their lunch and drink or money to buy lunch each day. In addition, you may want to send a separate snack and drink (water). Lunch boxes or insulated bags with a freezer pack should be used. To insure a cold drink, you may want to freeze it overnight and allow it to thaw during the day. There is no refrigerator at camp so lunches should contain non-perishable foods.

****Please label all lunch bags!**

Look at our concession menu at the back of the handbook. Lunch will be able to be purchased on the first day of camp. In addition camper can bring extra money to buy a snack at the concession stand. (No cooked items can be purchased other than what is offered on the lunch menu)

Clothing

Campers should come to camp as comfortable as possible. Shorts, shirt, and **sneakers** should be worn. Sandals are **NOT** recommended. Please label your campers clothing.

First Aid

In the event that your child becomes ill or injured during the camp day they will be escorted to the camp office and cared for by one of our trained staff or our camp EMT. If the situation warrants, the camp staff will contact you. Depending on the severity of the illness/injury the child will either stay at camp, be picked up, or if needed the Bedford Police and ambulance will be called to assist with medical issues.

Medical Forms

If your child is required to take any type of medication during camp hours, a Medical Permission Form **MUST** be filled out by the **parent and physician**, and handed in with the medication the first day your child attends camp. Medication will be kept in the camp office or in your child's bag, and our staff will oversee and supervise the child in self-administering their own medication. By law, camp personnel cannot dispense internal medication to the child unless they are a NYS licensed physician, nurse practitioner, physician assistant or registered nurse.

Written permission can be given by both the physician and parent to allow the camper to carry medication that is needed for emergency purposes (i.e.; epi pen; asthma inhaler).

All medication must be in their original container and labeled correctly.



Allergies

The Town of Bedford cannot guarantee an absolute allergen-free environment. However, it is the goal of this policy to create a peanut/nut awareness camp. We ask for your cooperation in working towards this goal.

It is important that children with risk of anaphylaxis or an anaphylactic reaction to any substance (food, insect bites, and drugs ect.) be identified. We encourage families of campers with life threatening or serious food allergy to meet with directors during the start of camp.

We have the following guidelines in effect:

- We will not do any craft projects that include peanuts
- We will keep a box of wipes in the office. If a camper eats peanut butter for lunch he or she will be asked to wash their hands of the oils.
- If your child eats peanut products for breakfast we would greatly appreciate you're making them wash their hand with soap and water before leaving for camp.
- Camp will provide a separate lunch table at the parent request, when child has been identified with a nut allergy.
- We do not encourage homemade birthday treats or special snacks. If you wish to celebrate at camp please discuss with the director before the event.

Throughout the course of the summer if you have any questions or concern about food allergy related issues, please do not hesitate to ask the staff.

Sun Screen

We suggest you apply sunscreen to your child in the morning and send sunscreen with them to camp. Counselors will be asked to **remind** their campers to apply sunscreen throughout the day.

Counselors **may not apply** sunscreen on your child.

Reminders

- Children **MUST WEAR SNEAKERS**, so they can fully participate in all camp activities and to reduce the risk of possible injury.
- Please have your child arrive to camp **dressed in their swim attire** with a bag that includes their towel, and a change of clothing. All clothes should be labeled with your child's name.
- Lunch money and slip must be turned in first thing in the morning. Please send exact change.
- **Camp drop off is 9:00 – 9:15 am**
- **Pick up is 2:50- 3:00 pm**

Trips



ALL TRIP PERMISSION SLIPS ARE DUE BY THURSDAY JUNE 30th

Our day camp takes three trips per age group. The trips are an additional fee and parents must sign up by due date in order for your child to attend the trip. All campers who attend a trip must wear their camp shirt!!

ALL CAMPERS (Grades 1-7)

Thursday July 14th - Lake Compounce, Bristol, CT

This trip includes a "Ride all Day" admission ticket for both the amusement park and water park. Bring a bag lunch. You may want to bring extra spending money for snacks and games. Water and soda are free all day. We provide a small bottle of water and snack for the ride home. **THIS TRIP IS A LATE RETURN PICK UP IS AT 5:15.** Visit their website at www.lakecompounce.com.

Wednesday August 3rd – Fun For Kids Stamford, CT

Enjoy this trip to exciting Fun for Kids. The campers will all receive a \$30.00 video game card (redeemable tickets), unlimited Lazer Tag and unlimited Soft play area for those 8 and under. Pizza lunch will be served. Visit their website at www.fun4kidsarcade.com.

Grades 1-2

Thursday July 7th – Maritime Aquarium, Norwalk, CT

The children will have great time, watching sharks, jellies, sea turtles and more than 1,000 other marine animals in there trip to the aquarium. We will also watch an IMAX film. Send a bag lunch. Visit them on the web at www.maritimeaquarium.org

Grades 3-7

Friday July 8th – IMAX and Lunch (Palisades Mall) West Nyack, NY

Campers will watch the IMAX movie CARS 2 and then head to TGI FRIDAYS for lunch.

TRIP REFUND-

Please call the camp office the morning of the trip if your child will not be attending the trip. There are **no refunds** for trips. If you think you are warranted a refund please write a letter to the Superintendent of Recreation and Parks Department

Extra money on trips

Counselors are not responsible for holding money for children on any trip, but will assist the child when a purchase is being made.

Picture Day is July 11th Money for pictures is due Friday July 9th.



Rainy Day Procedure



There are **three scenarios** in which rain can affect our outside fun filled day at camp.

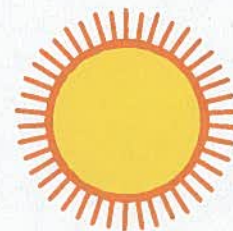
1. When there is rain in the early morning and/or the forecast predicts rain will most likely continue, we will start and end our day at our rain location.
Web Alerts will be sent by 8:15 to those who have registered their e-mail addresses **Or call the Recreation Hotline at 914-864-3777** for our announcement stating that The Town of Bedford Camps will be at their rain locations today.
Bedford Hills rain location is Bedford Hills Elementary School.
2. When, at any time during the morning (**up until 12:00**) there is sudden, unexpected rain, and it is **predicted to continue** we will be bussed to our rain location. Then at 2:45 we will return back to the park for dismissal. Please make sure to find a parking spot as to allow the flow of traffic in and out of the park to continue. Those wishing to pick up there campers at the rain location are asked to do so before 2:30.
3. **If rain occurs at 12:00 or later** during the camp day, and it is **expected to continue** we will close camp via E-mail Alert System and Recreation Hotline. We then ask parents to pick up their campers as soon as possible. We will handle dismissal from the pool house.

Please note: Should a thunderstorm occur, the campers will be kept under the pool shelter, until it is deemed safe. If you would like to pick your child up during those conditions, you must park your car and retrieve them yourself.

**LUNCH IS NOT AVAILABLE FOR PURCHASE AT RAINY DAY LOCATIONS
IF CAMP STARTS AT A RAINY DAY LOCATION, PLEASE BRING LUNCH.**

We wish you the very best for a safe, healthy and enjoyable experience with our Day Camp program. We take pride in our facilities and staff, and rely heavily on input from you (parents) to be sure we are delivering the best program possible. Please feel free to share feedback or concerns at any time. Please don't wait for the end of the season to inform me of something that can be rectified now. Be assured that we recognize that there are sometimes issues between children, which are delicate, and require attentive tact. We are dedicated to making camp enjoyable for EVERY child, and will be happy to listen to your concerns. Have a wonderful summer!

Kimberly O'Brien
Sr. Recreation Leader



Parent Note

Date _____

To _____

My Child _____

Will be picked up today at _____

Will go home today with _____

Can be dismissed to the pool @ _____ (must be over age 10 to go to the pool without an adult.)

May be pick up any day by the following

Other – Please Explain

Thank you

Parent signature _____

Number where I can be reached _____

Parent Note

Date _____

To _____

My Child _____

Will be picked up today at _____

Will go home today with _____

Can be dismissed to the pool @ _____ (must be over age 10 to go to the pool without an adult.)

May be pick up any day by the following

Other – Please Explain

Thank you

Parent signature _____

Number where I can be reached _____

Bedford Hills Day Camp Calendar 2011

	Monday	Tuesday	Wednesday	Thursday	Friday
Getting to know You		June 28 First Day of Camp!!	29 Mario the Magician 12:40	30 Permission Slips Due	July 1 Create a Group Name & Flag
All American Fun	4 Happy 4th of July NO Camp	5 Wear Red White and Blue	6 Do the Hula! Hula Hoop Fun and Games	7 Trip Grade 1-2 Maritime Aquarium Permission Slip Due 6/30	8 Trip Grade 3-7 IMAX and LUNCH Permission Slip Due 6/30
Wild and Wacky	11 Picture Day Picture Taken after 11:30am Money Due 7/8	12 Tie Dye Day Bring In White Shirt to Tie DYE	13 Crazy Hat Day 	14 Lake Compounce All Camp, All Staff Dismissal @ 5:15 Permission Slips Due 6/30	15 MI's- mATch DAY
Be a Sport	18 Jump Rope Contest	*2 nd 19 Session Begins Frisbee Games 	Camp 20 Olympics  DJ - 12:45-1:45	21 Wear Your Favorite Sports Team 	22 Fit Mobile Visits for exercise fun! 10:00 - 12:00
Carnival Fun	25 Share a Joke Day Show & Tell	26 Carnival Prep Day	27 Magic Workshop Day	28 Pizza Day 	29 Camp Carnival @BVDC Wear BLUE
Last Blast	Aug. 1 Ice Cream Treat Day 	The 2 Magic Truck Ventriloquist 2:00-2:45	Trip Grades 1-7 3 Fun For Kids Permission Slips Due 6/30	4 Water Carnival 	5 Last Day of Camp!! 

****Please note activities and dates are subject to change.